



play and be well.



2009 ANNUAL REPORT

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Introducing dlalanathi

Our journey as an organization begins with the very personal story of the Smetherham family facing loss and honoring life. Rob Smetherham used his art as a means to express feelings when he could no longer speak. He painted many gifts for family and friends during his 10 year battle with brain cancer. His significance in his community led to desire to honor him with a living memorial - an exhibition of his art and celebration of the gift of his life. Just months before his death those close to him had a chance to say goodbye and value him. He and his family wanted his life and his art to serve a greater purpose and alongside a courageous social worker Liesl Jewitt formed a vision of supporting children to cope with loss. Rob's own children and their experience of their father's illness as well as his testimony of faith and hope in the face of terminal brain cancer inspired friends and family to pay closer attention to the needs children have to talk about death and dying. Sale of Rob's art raised funds to start a Bereavement Service in 2000, and inspired the founder to name the organization in his honor.

Over the years our long name and tongue twister acronym RSBSC has been affectionately transformed by friend's and partners to our nickname RobS. It is precisely this spontaneous change which has given us the incentive and courage to change our name.

The renaming of our organization has happened slowly and with care. We sought a name accessible to children and adults, reflecting our heart and history with simplicity. We consulted widely so when the name finally came to us it was clear, dlalanathi, play with us, play and be well. Our core focus remains the same and Rob Smetherhams' life, death and creative gifts remain at the heart of everything we do. Our desire is for wellness in children and we do it through the gift of play to give hope and healing for children affected by loss. The name change has the full support of the Smetherham family and the organizations founder. Thus in this annual report we are introducing dlalanathi.....



chairperson's report play with us!

A warm and playful greeting, to each and everyone reading this Annual Report for 2009.

Thank you for your interest and support of this organization. 2009 made us focus on the essence of our work and hence the updating of the name of the organisation to "**dlalanathi**" Play with Us. As I reflected on the word "Play", words came to mind which highlighted for me the work and impact of the organization.

- P** Project, programme, participative, page (web), painting, personal, plan, play, pleasure, please, positive, priceless, prize, pride, provide, purpose.
- L** Leadership, learning, leap, lift, light, lighten, loving.
- A** Action, activities, advancing, access, accepting, activate, add, adapt, admire, advance, applaud, art, awesome.
- Y** Year, yeast, youth, yummy

For each of us, the words will trigger a different thought and aspect of the organization. All the words are positive and uplifting to me and under superb leadership and 200% commitment, the team has once again brought to many the hope and healing that they sorely need.

We look forward as an empowering organization to 2010 with optimism, enthusiasm and commitment. Grateful thanks to all that played a role in the organization in 2009.

To God Be the Glory
Helen Smetherham

Check out our new website
www.dlalanathi.org.za



ceo's report play and be well

*One of the greatest diseases, is to be nobody to anybody
(Mother Theresa)*

our vision is for . . .

safe, loving spaces created and held by every member of the community where children are given full permission to be children and play

our mission

to **bring hope and healing** to bereaved children, their care-givers, families and other caring community members using **play for communication and healing** in communities affected by death and loss.

to **strengthen the community response** to taking care of bereaved children by **working in partnerships** with organisations that serve children in communities.

our core values remain . . .

play, love, respect, courage, hope

In this our 7th year since registration as an NPO, we took the step of renaming ourselves as an organisation. Our name reflects what we do and how we do it, dlananathi 'play with us, play and be well - hope and healing for children affected by loss'. Why play? Why healing? You might ask in a country with so many significant issues?

Children Gauge (2009) reminds us that in South Africa at present 23% of all children under 18 have lost both their parents. There is a staggering amount of loss affecting families in our country. Our society is deeply affected by loss. For a child to build capacity and resilience in the face of adversity, relationships which offer enough consistent, positive and responsive care for the child's spirit to grow, are needed. We can't afford for children to be "nobody to anybody".

In an article written by Martha Cabrera, a psychologist in Nicaragua, entitled 'Living and surviving in a multiply wounded country', she argues that reconnecting people to themselves and each other is a fundamental part of the journey of development. Thus healing is a core step in development, without it other steps are not easily sustained. She also says, 'Going forward is only possible if people can find new energy'. For us that energy can only be in the here and now. Our work is about being present with adults and children in an invitation for safe space to be and to play. Science is beginning to recognise how vital play is in survival, adaptation and innovation (Stuart Brown TED talks).

Henri Nouwen powerfully says that 'To build a better world, the beginnings of that world must be visible in daily life. There is no reason to expect much to happen in the future if the signs of hope are not made visible in the present. We cannot speak about peace and freedom if we cannot draw from our own experiences of peace and freedom here and now. We

cannot commit ourselves to work for justice and love in tomorrow's society if we cannot discover the seeds of it in the relationships we engage in today.'

Our work is an invitation is to connect with children (and adults) through play, the only way we grow and cope and survive is through our relatedness to others. In that space an antidote to the greatest disease Mother Theresa talks about is born. We become somebody important to others just by being. Play with us, dlananathi, is about engaging mothers', fathers, sisters, brothers, teachers, pastors in being with children in a way that connects us positively. Play engages us all in possibility, life and its present joy even in sorrow which reminds us of our humanity.

For dlananathi 2009 brings depth, organizational maturity and functionality with a deeply professional staff and well developed professional practice. The organization is playing fully the role and function it dreamed or imagined in a strategic plan over 6 years ago. We started with activities, and development of content of training courses. Our focus is now on the professional practice of developing enabling relationships with partner organizations and individuals to effectively integrate psycho social support for children and families affected by loss, into their daily work.

We have not done this by ourselves but only through the commitment, generous donations of time, prayer, love, dolls, skills and compassion by many people in South Africa and all over the world. Our words are not gratitude enough, let our work and service in love speak of the value of what we have been given, and thanks to God in whom we have life, breathe and everything else.

Humbly yours

Rachel

community unit engaging communities



2009 Community Team: Faith Shabangu; (in front) Nqobile Nhlumayo; Nontabeko Khoza, Mbulelo Duma & Nobuhle Ndawonde (not pictured)

The work of our Community Team alongside Community members.....aims to increase a community's capacity to respond to the psychosocial needs of children and families affected by loss. Our approach involves working intensely in a specific geographic area for a period of 2 years to strengthen and build a community-based response. We create awareness in community structures e.g. schools, churches, Community based organizations and NGO's etc. We work in communities only on invitation, and contract a 2-year process to serve and work alongside community members to support the learning, use and implementation of the play skills so that 'play for healing' support will continue to be provided by a group serving families and children within the community after dlananathi exits.

The Community Development approach we use roughly follows 4 phases of work. Phase 1 is **Entry** (3 months); Phase 2 is **Skills Transfer in Practice** (6-9 months); Phase 3 **Mentoring Independence** (6-9 months); Phase 4 is **Evaluation and Closing** (2-4 months)

We strive to leave the community members confident of their skills and motivation to provide ongoing support to use play to strengthen children and families affected by loss in the community. During 2009 we worked in 6 communities in different phases of work as follows:

Community	Entry	Skills Transfer	Monitoring Independence	Evaluation & Closing
Kwamafunse (rural)	Began work in 2008	Completed at the end of 2008.	Closed in June 2009	
Nkabini (rural)	Began work in late 2007	Completed in 2007	Completed in 2008	Completed and ran celebration event in March 2009
Elangside/ Khokhwane (rural)	Began work in late 2007	Completed in 2007	Completed by March 2009	Completed and ran closing event in June 2009
Copesville (peri-urban)	Began work in 2008	Completed in 2008	Completed over 2009	Planned for Q1 2010
KwaPata (peri-urban)	Entry in May 2009 and complete in Dec 2009.	Planned to begin January 2010	Planned for 2011	Planned for 2011
Mafakathini (rural)	Entry in May 2009 and complete in Dec 2009.	Planned or begin January 2010	Planned for 2011	Planned for 2011

Successes in Community Engagement

Three key areas of success in 2009 are astounding response to Play for Communication Workshops; excellent independent work in Copesville; and collaborative community training with the NACCW.

Play for Communication is a new participative workshop aimed at engaging community members in a reflection on children's issues and needs. The workshop uses doll making, reflection on games you played as a child, storytelling, play and communication with children. Its goal is to use your own experience as a child to reconnect with children around you, remember and teach the games you played, reflect on your relationships, consider what message your engagement with children sends to them. The process also lets you play and practice expressing yourself, being heard and listening to others. The workshop has excited participants about themselves, their children, their role and contribution to their children's lives. One old man said, 'We are excited now to tell our children our stories, their stories and the children listen.'

Alongside children's groups, family support groups, awareness and training activities we had planned to run 5 workshops in each KwaPata & Mafakathini. The community response has been amazing, we had to schedule additional workshops, running 12 and reaching

a total of 147 people in a few short months. The communities have requested more training in 2010. In feedback from 2 of these workshops 15 people have reached out independently to 166 children using play, story-telling and doll making. We have not seen this kind of reach and response to quite the same level before and we are thrilled. It is really working!

Beginning with play is non-threatening, and has had the effect of enthusing people about being with children. We have found the theme of coping with loss has been raised in every single workshop on the first day (prompting us to add some input and reflection on loss into the workshops). The success of participants experience in connecting with children has achieved 2 key things. Firstly, through listening, observing and engaging with children the participants are more sensitive to issues from the children's perspective. Secondly, they have seen the power of play in helping themselves and in helping children. This has motivated many to follow-up with training in Play for healing. We are thrilled and are looking forward to seeing how this develops further in the New Year.

Outstanding independent work in Copesville:

This is a community where we have been working alongside volunteers from the Thandanani Children's Foundation (TCF) mentoring their independent use of play and support groups for children and families. TCF provide crisis intervention, material support and ongoing assistance to households in need of support in obtaining grants, accessing school fee exemption etc. They sustain a network of skilled volunteers in 15 communities in and around Pietermaritzburg and Richmond. Our work at an emotional level complements theirs and they have wanted to add further psychosocial support particularly to their work with families.

In Copesville our skills transfer in practice was completed in quarter 1, 2009 and we began mentoring a group of 9 volunteers who had completed the training. Between July and December, this group has run 5 children's groups reaching 65 children; and 8 family support groups reaching 84 caregivers who in turn worked with 101 children in their households as part of the family support process. The volunteers feel they are really making a

achievements

In community based work in 2009 dlananathi served:

Children	838
Families	282
Community Members Trained	247 participants
Community Members in Awareness	1025

difference, and they are. We are excited about the numbers reached, the consistent care and support to groups over the period and excited about the impact of the process on the volunteers themselves. These results show that our process to achieve independence works!

Collaborative community training with the National Association of Child care Workers (NACCW). Our Community Unit were invited to participate in a volunteer mentoring program to train local volunteers in child and youth care skills. The purpose of the project is to reach more households with basic support at community level, and to introduce more community members to the 'profession of child-care'. This program was funded by the Youth Fund, and has enabled dlananathi to invite 20 people we work with in two communities to be trained by the NACCW in 2 of the 14 modules of the accredited qualification. Participants rose to the challenge of the English training and written assignments. Our role has been to mentor the volunteers in their direct work with households, i.e., 4 hours a week with support to OVC households. NACCW is trusting that this process will attract other funding that will enable those volunteers to continue through the training towards a full accredited qualification in Child and Youth Care. The commitment to this training has been excellent to date.

Our achievements are in what the community does for themselves and for children. **Special thanks** to the community team who walk the journey with children, families and community members through their grief. They each must remain present with the pain others experience and consistently hold open, safe space for healing. As healing takes place hope and possibility emerges. Their commitment to patient, gentle, open engagement with core issues within communities is visible in the response and willingness of the community to act and engage with children. Such a response is only possible in relationships of trust and respect.

training unit increasing reach



The objective of this team is to increase capacity, skill and knowledge in other organisations to use 'play for healing' to support children and families affected by loss. Where it fits with the partners' strategy we also train trainers so that the capacity to sustain these skills remains in the hands of the partner organisation.

Achievements 2009:

- We have worked with 24 organisations in this year. Six of whom are new organisations we have not trained before;
- The training team ran 40 weeks of training with 445 participants,
- 90% of those trained attended feedbacks (an outstanding increase over the 79% in 2008);
- 91% who attended feedback reported



2009 Training Unit Team:
Sibongile Mkhize, Angela Hough-Maxwell,
Pinky Majola

- using their skills with 1 child and/ or a group of children;
- 373 children reached directly after training (17 feedbacks still to occur in 2010);
- This equates to 2 611 'play for healing' sessions with children by those trained.

These numbers only reflect formal assessed implementation, we know from anecdotal reports that more children have been positively supported through grief in participants own families, communities and in their general 'newly playful communication' with children.

Scale-up through the NACCW: During 2009 we have trained 6 Isibindi sites in Foundation and Advanced play for healing skills. We trained 73 Child and Youth Care Workers, 71 (97%) used their skills to reach out to 83 individual children with 8 sessions to support coping with loss. Sixty Nine (69 i.e., 95%) progressed to Advanced training and we are awaiting feedback on the results of that implementation with groups of children.

We are exceptionally excited about this partnership. It has benefited both

organizations and strengthened the achievement of our respective objectives. As organizations we share the same values and beliefs about children, hence our strength based, child centered approach to serving children affected by loss finds a strong home within the Isibindi Project. The relationship embodies our strategy in that we are playing our best role in developing practice at sites to help a partner with strategic reach to serve children better.

Training of Trainers: Sixteen people from five partner organisations Kenosis Community (a church based outreach in PMB); Save the Children UK (Harrismith and surrounds partner organisations); Sinosizo (Home Based Care Durban); St Mary's Hospital (Marrion Hill, Durban) and Ethembeni Community Care Project (HIV/AIDS treatment, support and Community based Palliative Care Unit in Mpopomeni Howick) ran their own Foundation Play Skills training, and attended the Trainers Training for the Advanced workshop.

The group ran 13 training workshops reaching 171 participants in total. Feedback reflected that on average 68% of those trained completed the implementation process with 1 child reaching 116 children.

Who did our partners train? The bulk of the trainings were done with staff and volunteers working with the organizations themselves, some trainings were done with community and church groups and 1 training was facilitated with a community child care forum.

The training unit team is made up of Sibongile Mkhize and Pinky Majola. A BIG CONGRATULATIONS to them both, as they qualified as Psychologists this year! The team is supported by Angela Hough-Maxwell who develops programs, trains and supervises the team professionally. Robyn Hemmens the operations director co-ordinates the training schedule (no small task!), and Rachel Rozentals-Thresher assisted with the training workshops in Australia.



Partner Organisations trained in 2009

Waterberg Welfare Society; LETCEE (ECD practitioners in Greytown); Sinomlando (Memory box project UKZN); World Vision (Bergville); LifeLine (Pietermaritzburg); Umvoti Aids (Greytown); Nazarene Compassionate Ministries (Brits); National Association of Child Care Workers South Africa NACCW (6 Isibindi sites)

- Limpopo,
- East London,
- Thohoyandou,
- Tzaneen,
- King Williams Town,
- Witbank

Red Cross (Pietermaritzburg); Olive Leaf Foundation (Johannesburg and Nigeria) Save the Children UK (Limpopo Freestate partners), Kenosis (PMB), St Mary's (Durban), Sinosizo (Durban), Ethembeni (Howick); Pietermaritzburg Agency for the Care of the Aged (PADCA); Thandanani Children's Foundation (PMB); Community Care Project (PMB); Uthando Doll Project Patnrns in Perth & Freemantle (Western Australia); CINDI Network partners - Gift of the givers & Hope trust (Pietermaritzburg); FAMSA (Pietermaritzburg); Cato Ridge Caregivers; MiET Africa (Nkandla).

Quotes from participants

'This has been a long and fruitful journey and I have learnt patience and the power of reflection.'

'My journey began with anxiety leading to confidence. People need to know and understand their pain it really helps us all in so many ways.'

"My preparation helped me feel less intimidated by the group of professional nurses, you really need to know your story/ content. Co-facilitating meant we could support and encourage each other. I have learnt more awareness and respect for people feelings, and I believe more in myself I have found 'hidden gold'."

programme development sustaining quality and relevance



Sustaining the quality and relevance of our work requires two things of us. Firstly it demands that we focus on learning and reflect regularly on what is working and what's not and why. Secondly, we have learnt that we have to preserve our key asset which is our 'capacity to be present to others pain and to care'. Our capacity to consistently sustain care over time to children and families in very difficult circumstances, directly affects the quality of our work and thus our impact.

Our goal is to maintain a healthy system which strives for professional practice and aims to achieve effective quality work over time. Our achievements in this regard in 2009 are as follows:

In April the whole dlananathi team developed a new training program that we called **Play for Communication (P4C)**. The need for this workshop came from our reflections on working with volunteers. We wanted to develop an introduction to emotional work and play as a way of orientating people to the value and the power of the work we do, without necessarily going too deeply into grief and loss. We developed this workshop as a team, tested and refined it in Australia with the Uthando Doll Project and it was taken up by our full team in both new communities with outstanding success.

Tailor made workshops: We also developed and adapted specific workshops to meet Strategic Partner particular needs. Family

South Africa (FAMSA) asked us to develop a short program to introduce play techniques and working with loss to their social workers and counselors; MIET Africa asked for a specific intervention with teachers at schools in Nongoma, overall we reached 83 people through 6 tailor made workshops.

Reflective Practice: The workshop is based on sound theory and on simple yet effective practices that we have used in our team that enabled us to consistently build reflection and care into the way we do our work. In an emotionally challenging context such renewal and reflection is vital to maintain the quality of our work and avoid burn-out.

During 2009, 5 organizations namely, Thandanani Children's Foundation; Ethembeni; Kenosis; St Mary's and Sinosizo participated in our first Reflective Practice Workshops. Three 2 day workshops were run over June and July with a feedback and review session in November. The workshop design allows for reflection and implementation of practices in between so participants can evaluate the value of debriefing, reflection and peer supervision exercises within the context of their real work.

Awareness and participation in research: Our team developed a series of posters to strengthen our awareness work in communities, we conducted a consultation with 40 young people in high school as an entry to thinking about engaging youth and we facilitated further discussions with

caregivers caring for very sick children at home as part of an ongoing piece of research by the Human Sciences Research Council (HSRC).

Key Learning:

A shift in emphasis in our model: In July 2009 our team reflected together strategically on what we are learning, what we see; what is working and what is not. Our external evaluation concludes that our programs work for families and children and our skills transfer process is excellent. Yet from our perspective in community work we would like to see greater 'scale-up' in phase 3. We asked ourselves hard questions, about paying stipends, about return on our efforts, about drop-out rate of trained community members. Our break-through came when we agreed that our intention is to build an independent community response to children and families affected by loss. Our focus needed to shift from the outcome being the replication of a particular program to the development of 'independent community based support for children using play and play for healing'.

Retaining our focus on a developmental process and letting go of our definition of a single view of what that looks like in practice has had the most amazing affect on our team, our activities and the response to our inputs. The focus on loss is just as relevant and necessary. In practice we have run exactly the same activities (except we have added 1 workshop) our emphasis being on supporting an independent response as defined by the community member or group, including but not limited to our particular 'play for healing' program. The successes are immediately visible in the results in our community teams' work which can be seen throughout this report.

The importance of work in strengthening families: This year again affirmed for us the



importance of strengthening families. We have used a train the trainer program to train facilitators both in communities and in partner organizations to run our 9 week Family Support program. This has had an excellent response and the training is much in demand for our 2010 schedule.

This year we had some unexpected outcomes in that families are excited about the possibilities of play and so are looking for more opportunities to play, like holiday programs and more craft and art work. What is unexpected about this is that they have shifted from a 'just keep the children occupied' approach to a participative approach expressed as 'We want to do more things together with our children.' This is family strengthening at its best! The caregivers asked dlananathi to assist in putting together a school holiday program that includes adults and children. The caregivers did not want a holiday program to send their children to, but one where they could be fully active themselves". This we will explore in 2010.

A visit from the local Social Development Department to one of our family support groups astounded the visitors, who expressed they would like to see the roll out of this in all the department drop-in centers. They could not believe that families could be expressing such a changed view and engagement with their children after only 9 sessions.

building the team

One of dlananathi's achievements is that we have had a stable and highly professional team for a full 2 years, and we feel this has greatly influenced the quality and achievements in 2009. We recognise that NGO's often are training grounds for people to develop skills and that staff often are able to then get better paying or more challenging roles. Thus we aim to use this as a creative asset, our contribution as an organization is that we offer opportunities for professional development.

So in the same way that we aim to build capacity in our partnerships we also believe in the importance of constantly developing our own staff capacity. In this way we contribute to skills development in the country and to increasing employment in South Africa. Capacity also means supporting the emotional capacity to continue doing compassionate psychosocial



and community development work and not suffering burnout and dissatisfaction. We build or support our team capacity in several ways:

- Staff reflective practices - bi-monthly supervision for the community and training teams,
- Development goals for each person each year that help people to plan their goals for the year that in turn will be positively challenging for the individual,
- Reflection on our work and strategic planning as a whole team for the following year so that all staff are valued

contributors to our direction

- Staff development and training
- Staff personal development and reflection
- Provision of funds for personal counselling if necessary

Interestingly for the past two years we have maintained the same team. We attribute this to:

- The caring and supportive environment provided by this team
- Strategic decision making by management which allows for the potential for flexible working hours, which allows for people to contribute to dlananathi while also taking on other roles either as parent or other professional roles; and takes seriously developing the capacity of the team and individuals
- The continual learning and development as a team and as individuals.
- The professional feel of the current team.

While this is the management teams primary contribution to sustaining performance and the team (alongside fund raising and financial and operational administration) we all contribute to the professional context within which we work, and this makes dlananathi an exciting place to work.

We could not end this section without celebrating a very special member of our team who has been awarded a long service award in 2009. Mary-Anne Frost has served dlananathi as our administrator for 5 years! Without her efficiency, organization, co-ordination and SHOPPING, our organisation would not function. She is a delight to work with and 'mother-like' glue that holds us together. Thank you, Mary-Anne.



2009 Management and Administration Team:
Sindi Mkhize, Rachel Rozentals-Thresher,
Robyn Hemmens, Mary-Anne Frost



JANUARY

Organisation
Staff Day
Community UNIT
TCF/RobS Evaluation of Partnership
KwaMafunze
Training UNIT
Waterberg Welfare Society, LETCEE



FAMILY SUPPORT GROUPS - 1st QUARTER

APRIL

Organisation
Staff Reflection (M&E reflection and design)
AGM
Staff redesign Play4Communication and Awareness
Tools
Board Meeting
Staff Training in Community Theatre
Training UNIT
CINDI, LETCEE



JULY

Organisation
Staff Strategic Work
Staff Awards
Board Meeting
Community UNIT
Mafakathini & KwaPata
Training UNIT
Uthando Dolls, Australia Lifeline, TTT (b)



FAMILY SUPPORT GROUPS - 3rd QUARTER

OCTOBER

Organisation
Rachel joins UNICEF delegation to Malawi and
Uganda looking at models of PSS
Community UNIT
NACCW Volunteering Mentoring Training
Mafakathini & KwaPata
Training UNIT
Umvoti AIDS Centre: NACCW



FAMILY SUPPORT GROUPS - 4th QUARTER

FEBRUARY

Organisation
Board Meeting
Community UNIT
Kwamafunze
Training UNIT
Sinomlando, Lifeline, World Vision, Umvoti AIDS
centre Refresher



CHILDREN'S GROUPS - 1st QUARTER

MAY

Organisation
Footsteps Workshop on Partnerships
Community UNIT
Entry Mafakathini
Entry KwaPata
Training UNIT
NACCW, Famsa, Waterberg Welfare



AUGUST

Organisation
Presentation at TREE Conference
Footsteps Workshop Working with Government
Community Unit
Mafakathini & KwaPata
Training UNIT
NACCW, Reflective Practice, PADCA



CHILDREN'S GROUPS - 3rd QUARTER

NOVEMBER

Organisation
Launch of New Name and Website • Board
Meeting • KNH Workshop: funding with the EU
Community UNIT
Mafakathini • Doll making in KwaPata • Assist the
HSRC in Research • IMCI Training
Training UNIT
Reflective Practice, MIET Africa
Teacher Training, CCP, NACCW



CHILDREN'S GROUPS - 4th QUARTER

MARCH

Community UNIT
Kwamafunze
Evaluation and Closure Nkabini
Training UNIT
NACCW, Olive Leaf Foundation (Nigeria),
Nazarene Compassionate
Ministries



JUNE

Organisation
Footsteps Leadership Workshop
Community UNIT
Evaluation and Closure Khokhwane/Elangside;
Kwamafunze
Training UNIT
Reflective Practice, LETCEE, Red Cross, Olive Leaf
Foundation JHB



SEPTEMBER

Organisation
Staff Training
KNH Workshop on Gender Dynamic's and
involving men in community development
Presentation at Sinomlando PSS Conference
Community UNIT
Mafakathini & KwaPata



DECEMBER

Organisation
Staff office close on 16th
Training on the new Children's Act by Joan van
Niekerk
Community UNIT
Close groups for the year



financial report

year ended 31 december 2009

The year 2009 will be remembered globally for the worst economic recession since the Great Depression. In the face of collapsing world financial markets, banks on the verge of bankruptcy, and declining company profits, many NGOs in South Africa were faced with vastly reduced funding, and many were forced to downscale their work, and in some extreme cases, close altogether.

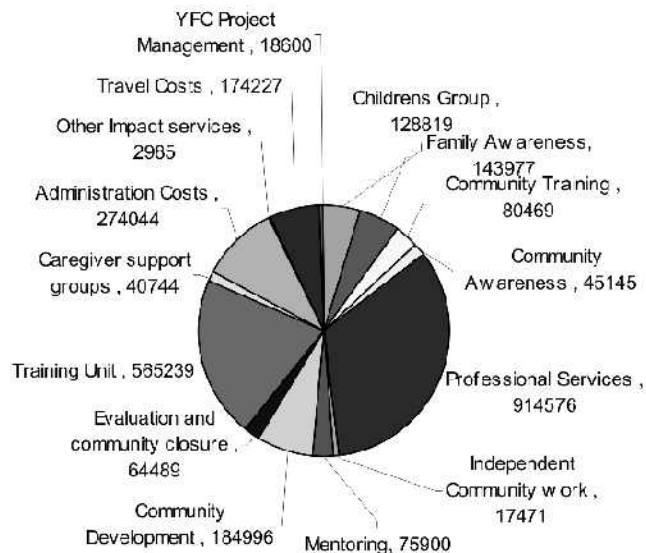
Against this backdrop, dlalanathi weathered the storm extremely well, and came through this turbulent period in a commendable fashion, emerging with a sound funding base, and a strong balance sheet. Income for the period increased by 7% to R2,793,935. Expenses of R 2,731,681 were up by 15% over 2008. There was a surplus of R61,898 for the year. Cash on hand amounted to R1,139,539 at year end.

This strong financial performance was as a result of a strong focus on budgets, as well as an excellent relationship with donors. The management team and staff need to be commended for this.

The table below shows a breakdown of expenses for the year per line item.

On a personal note, this will be my final report as Treasurer of the organisation. I would like to thank management and staff for the privilege of serving with them for the past 5 years, and wish them every blessing and success in the future.

Sheldon Wiggill



fun things to do

with your children

dlalanathi Cup Cake Recipe

2 ¼ cups all purpose Flour
3 teaspoons baking powder
½ cup Margarine
1 teaspoon vanilla

1 1/3 cups Sugar
½ teaspoons salt
1 cup Milk
2 large eggs

Icing

Margarine
Icing sugar
Milk
Colouring

Preheat oven to 180°. Line cupcake pans with cupcake paper liners

Combine flour, sugar, baking powder and salt in mixing bowl.
Add margarine, milk and vanilla essence and mix at medium speed.
Add eggs and beat on high speed.



Cupcake mix should make approximately 24 dlalanathi cupcakes.
Bake for 20 minutes or golden brown.

Lick bowl with your child!

Mix up icing and with your child decorate dlalanathi cupcakes with icing and sprinkles.

dlalanathi Easy Play Dough Recipe

2 cups Plain Flour
2 tablespoons cooking oil
Food Colouring

4 tablespoons cream of tartar
1 cup salt
2 cups Boiling Water

Mix dry ingredients in a large bowl. Put oil and food colouring into a jug and add one cup boiling water. Add to dry ingredients and mix well. Gradually add the other cup of boiling water and stir well to make a soft pliable dough.

PS: Play dough NOT for eating! Store in an airtight container to keep dough soft for playing.

future plans what does 2010 look like?



Alongside our support for Bafana Bafana we will continue to PLAY and invite children and adults to PLAY WITH US as they get to know each other, deepen their understanding of each other and support each other through the journey of healing and coping with the daily challenges of survival in the context of loss, poverty and HIV/AIDS.

In 2010 dlanathi looks forward to:

- Further refining our model of work in communities to strengthen independent community initiated and sustained responses to families and children affected by loss;
- Expanding our training unit, we seek increased capacity to increase our reach and impact;
- Developing a process engaging youth in solution focused emotional work and positive youth led actions for change;
- Exploring ways to increase community sustained play and introduce holiday programs for the 2010 World Cup Holidays;
- More connections with children, families, partners and communities in bringing hope and healing through relationships and PLAY.



Thanks for playing with us!
from the dlanathi team

Financial Contributors:

We thank you for your contributions that allow us to play with children, and teach others to play with children, play that is play for healing.

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